

CYBER SECURITY AWARENESS TRAINING - INSTRUCTOR DELIVERED



Who is this course for?

The training sessions are designed for the typical staff member of any organisation to help them identify common cyber threats. Despite heavy investment in cyber defence solutions and technology, businesses are still suffering due to the increasing success of phishing and impersonation attacks along with fake (look-a-like) web sites.

Make your staff part of the defence, not the victim.

The training provides the context and practical tips on recognising email and web threats using real world examples. There will be interaction with the internet to demonstrate how sensitive details about a business and individuals can be obtained and sold on the black market along with a walkthrough of recent fraudulent emails and counterfeit websites. The approach is to keep the content interesting, relevant, and easy to digest and we even throw in a little humour to stimulate thought processes around potential attacks.

Topics covered

1. **Email:** coaching on 8 methods to identify fake, forged or suspicious emails.
2. **Web Browsing:** coaching on 6 methods to identify malicious and fake web sites.
3. **Public Wi-Fi:** applying caution when connecting to Wi-Fi.
4. **Passwords:** what makes a strong password, how to remember them and what NOT to do with passwords

What a recent Customer had to say

We found CSTL professional and easy to engage with; they provided a series of in-house cyber awareness training sessions for staff. The feedback from the training was very positive, we were given examples that we could all relate to and improvements were suggested which could easily be adopted. The training was delivered in an extremely friendly way, which in our case, encouraged our staff to engage throughout, meaning we all took more from it. Overall, these have increased our understanding of cyber-security risks to our business, as well as coaching staff of how to identify cyber threats and act accordingly.
RIA SINGLETON - SENIOR COMPLIANCE & BUSINESS OPERATIONS MANAGER - MERIDIAN LIMITED.

Key course facts

- **Instructor delivered:** Using an experienced professional to deliver the course, interact with the audience, answer questions and offer pragmatic, helpful advice
- **Typical audience:** Typical staff and computer users that may fall victim to cybercriminals. The course is designed for staff who lack an understanding of cybersecurity and require instruction and coaching to help them recognise cyber threats.
- **Duration & capacity:** up to 2 hours with up to 6 delegates
- **Delivery:** Client premises (public classes subject to demand), remote can be accommodated.
- **Prerequisites:** access to internet via Wi-Fi, suitable meeting/training room, projector and flip chart
- **Limitation:** This course is not designed for cybersecurity professionals or IT support staff, rather the course covers typical common email and web threats and basic security practices.
- **Cost:** £460 + VAT + travelling costs where applicable



ACCREDITED CE, CE+, & GOVERNANCE ASSESSOR

LICENSED TO PROVIDE CYBER ESSENTIALS PREPARATION & CERTIFICATION SERVICES

